



EXTENDED REALITY IN CULTURE AND CREATIVE INDUSTRIES

EDITED BY

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INVESTOR IN PEOPLE

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Preface

With the progress of technology, the content communicated to culture consumers changes its form. Attention span of people is shortening. They are not keen to read text nor watch long videos any more. Information is bombarding us from all sides, making it difficult to filter what we are really interested in. Creative industries follow modern trends offering content on-demand and using the most recent technological advancements, including extended reality (XR).

Although there is some ambiguity and confusion of terms and concepts in the academic literature, XR is most commonly defined as a reference for virtual reality (VR), augmented reality (AR) and mixed reality (MR). All three technologies present computer-generated content used to either transfer the users in a completely new reality (VR) or enhance the physical reality with computer-generated content (AR and MR), superimposed over the image of physical reality recorded by cameras. To view the content presented by these technologies, the users need a VR headset or a mobile device such as a tablet or smartphone.

In this book, we will show the diversity of XR applications in culture and creative industries through case study project descriptions. The readers will be able to grasp the enormous potential of XR applications in various digital presentations of cultural heritage monuments and sites in museums or online. For the modern museum visitors, it is not enough to see physical exhibits with small labels as explanations; they want to learn the stories behind and to experience cultural heritage. Our book will show that XR technologies are the right solution for gathering such experiences.

Eleven different implementations of XR are presented in the chapters of this book. They range from explanations of workflows for digital heritage projects production to the experiences and lessons learnt by the members of production teams, such as archaeologists, museum curators, visual artists or software developers. The topics include Roman heritage, underwater heritage, mediaeval tombstones symbolism, female rulers of Balkan countries, fashion industry reshaping, dark tourism and immersive storytelling about intangible cultural heritage.

We believe that this book will open a new window into the magical world of XR and inspire the readers to think of the future ideas for using these technologies in experiencing cultural heritage. As one of the main characteristics of XR production is interdisciplinary approach, we encourage the people from various professions to seek their spots in production teams and create together XR

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applications with educational and amusing content, encouraging all generations of users to enjoy cultural heritage.

We would like to thank all our contributors from different countries for their individual and collaborative work in sharing information about their projects accurately and on time. We also thank the reviewers for their contributions in enhancing the quality of the manuscript.

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Chapter 1

Beyond the Runway: A Comprehensive Review of XR Opportunities, Applications and Challenges in the Fashion Industry

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Abstract

With the growth of e-commerce, the fashion retail industry is exploring new technologies like virtual reality (VR), augmented reality (AR) and mixed reality (MR), together known as extended reality (XR). According to the extended-self theory, the symbolic high-involvement fashion products become a part of their extended self, enhancing consumers' self-concept and resulting in cognitive and affective outcomes due to self-exploratory engagement. Therefore, due to high body surveillance experience and strong fashion consciousness, consumers seek means and technologies to alter their appearance or body image. XR technologies are disrupting how fashion brands interact with customers by re-orienting their business models, going digital and using immersive technologies blending the physical and virtual worlds, enabling a more interactive personalised experience. Through virtual try-ons, AR apps and shopping on the Metaverse, the brands engage in multi-sensory stimulation, high interactivity and vividness, resulting in high utilitarian and hedonic value to the consumers. Consumers' initial stimulation by an aesthetic experience develops into a combination of relational, emotional and interactive experiences through these technologies. Brands can now tell their story in XR, moving beyond the 2D user phase and resulting in brand differentiation. This work addresses the recent advances in fashion industries where XR technologies allow brands to create compelling stories and build the right brand experiences for consumers, resulting in customer engagement and brand loyalty.

Keywords: Augmented fashion; virtual try-on; Metaverse; Artificial Intelligence; shopping experience; virtual reality; telepresence; gamification; Internet of Things; real escape

Introduction

Fashion retail is changing rapidly due to advances in e-commerce, making traditional shopping formats redundant for consumers after the COVID-19 outbreak (Silvestri, 2022; Xue et al., 2023). Consumers' experience with digital shopping platforms makes them seek instant information, entertainment and gratification from their shopping experience (Siregar et al., 2023). They seek more involvement, surprise and building memorable experiences that enhance their sensory, affective, intellectual and behavioural perceptions (Baek et al., 2020). The shutting down of physical store scape during the COVID pandemic brought digital technologies to the forefront, with consumers experiencing reality through high-speed internet, artificial intelligence (AI), increased computing efficiency and high-resolution displays (Dwivedi et al., 2021; Hoyer et al., 2020). XR (often used as an abbreviation for extended technology) has been assigned as an umbrella term for a variety of concepts such as virtual reality (VR), augmented reality (AR) and mixed reality (MR) with virtual and real elements combining and creating ambiguity and confusion regarding their actual meaning (Rauschnabel et al., 2022). However, AR, VR and MR are distinct terms categorising specific technologies (Wedel et al., 2020).

VR simulates reality in a computer-generated virtual environment, incorporating the user who perceives it using the senses of vision, hearing and touch. Brands can deliver VR experiences through hardware such as head-mounted displays (HMDs), cubic immersive spaces, large screens, mobile devices, smartphones, tablets, laptops and desktop computers (Wedel et al., 2020). Research conceptualises VR experiences on a Telepresence continuum ranging from atomistic to holistic (Kim et al., 2021; Rauschnabel et al., 2022). A distinct form of VR technology is AR, which supplements sensory information through the digital overlaying of 3D objects into consumers' natural environment and is finding increasing usage in fashion, accessories, tourism, entertainment and other such areas (Parekh et al., 2020). This technology enables consumers to try products on a mirror image of themselves projected digitally using the camera on their digital devices. AR lies in the continuum between VR and real-life scenarios described as a Local presence continuum ranging from assisted reality to MR (Dwivedi et al., 2021; Milgram et al., 1995). With mature technologies emerging, it needs to be noted that the segregation between AR and VR technologies is diminishing, with more head-mounted displays, starting from mobile phones to more advanced applications such as Varjo 2021, which are customised towards implementing immersive MR experience blending VR and AR naturally (Varjo.com, 2024). With advancements in VR and AR technologies, a new concept known as is emerging, merging the virtual and real worlds. MR represents the controlled amalgamation of VR/AR and IoT trends, shifting

engagement patterns and allowing the users to immerse themselves in the virtual world while working on data generated by sensors and connected assets (Nelson, 2017). Meanwhile, Internet of Things (IoT) is also gaining prominence, moving away from connected devices and sensors to more real-world scenarios powered by IoT technology, pioneering health wellness, gaming, supply chain, tourism and education infrastructure, among others (Kumari & Polke, 2019; Nelson, 2017; Parekh et al., 2020). Hence, digital assistants and smartwatches are becoming more sophisticated and user-friendly, incorporating themselves into fashion and apparel (Hoyer et al., 2020).

The terminology XR, therefore, as an umbrella term for ‘extended reality’ should instead be the placeholder for all reality formats, with VR, AR, MR, IoT, virtual assistants, Chabots and robots powered by AI (Seiger et al., 2021). Retailers focus on meeting the consumers’ functional and service requirements and providing them with an ultimate shopping experience using XR technologies (Cornelia & Paul, 2020). The usage of XR technologies in fashion retail enhances the brand’s marketing strategies while providing superior consumer engagement and improving brand recall and recognition (Cappasity, 2022).

Literature Review

Fashion is an essential contributor to the world economy, valued at 1.3 trillion globally and employing more than 300 million people along its value chain. Clothing dominates about 60% of the textile chain, which has doubled in the last 15 years due to easy accessibility of affordable fashion, new styles, quick turnover of styles and increased collection, thanks to the fast fashion phenomenon (Foundation, 2024; Wojciechowska, 2021). Fashion is a universal phenomenon that satisfies an individual’s need for social recognition and equalisation, which are simultaneously satisfied with imitation and desire for differentiation and change (Simmel, 1957). It is a dualistic tool that enables the construction and communication of one’s self-identity, creating a desire and longing to consume fashion products (Lipovetsky, 2017). A vast majority of studies related to technology emerge from the Technology Acceptance Model (TAM), not considering consumers’ psychological motivations behind the acceptance of technology (Rese et al., 2017). As suggested in the TAM, customers adopt new technology through its perceived usefulness and ease of use, indicating utilitarian usefulness and perceived enjoyment (Davis et al., 1992; Hsu et al., 2017). Hence, technology and providing functional ease are also a source of enjoyment for consumers through experiential and hedonic benefits.

With the development of the internet and mobile technologies, apparel e-commerce is expanding, with consumers increasingly buying their clothing online (Khare et al., 2022; McNeill, 2018). However, an ICSC consumer return survey on a demographically representative US sample suggests that the consumer return rate of online transactions at 15.2% is three times higher than in-store purchase returns at 5%, with typical reasons for returning items were damaged items (52%), fit issues (50%), items not meeting expectations (42%) and

wrong items (37%) (ICSC, 2024). Fashion apparel is a high-involvement product characterised by technological advancement and digital presence. However, it requires consumers to physically connect with products and people with brands building identity through their brick-and-mortar physical stores (Kim et al., 2018). Consumer concerns with garment colour, fit and appearance in digital shopping environments where they cannot physically try on clothes result in discrepancies that negatively impact their shopping experience and purchase intention (Wu & Lee, 2020). Apart from the apparel trying-on experience, the interaction between customers and store staff, shopping assistants and store shopping experience of brick-and-mortar stores is challenging to recreate, primarily through digital channels. The ongoing development of extended technologies (XR) is therefore augmenting retail performance along with cost reduction, attracting consumers and creating new avenues for an XR-based commerce ecosystem (Morotti et al., 2022).

Rationale for the Study

This research seeks to understand XR technologies' current role in fashion, their application and benefits, using fashion brands as examples. Currently, numerous uses of XR technologies in fashion retail, both online and offline, are enhancing consumer brand experience. Brand experience is an emotional, cognitive and behavioural response to brand-related stimuli formulating brand identity (Brakus et al., 2009). Brand experience using XR technologies can be categorised as entertainment, aesthetic, real escape and educational, affecting consumer brand relationships and influencing purchase motivation (Zeng et al., 2023). The methodology of study is a 'review of the literature', analysing data from sources like Google Scholar, Scopus, Web of Science, Ebsco and other databases, to ascertain the application and outcome of XR technologies in fashion retail. Table 1.1 details various clothing requirements and various XR technologies used to address consumer requirements.

Virtual Reality

VR creates a virtual environment simulating real-world settings, immersing users into a three-dimensional environment projected through computer hardware and software. It gives consumers an immersive experience, letting them experience multiple sensations and realistic sensory engagement approximating reality. VR experiences are (i) Non-immersive-3D stimulated environment accessed through a computer screen that does not directly interact with the user but in which the user has some control using a keyboard, mouse and other devices. (ii) Semi-immersive technology offers a partial VR experience accessible through a computer screen and external devices such as glasses or headsets. These experiences focus on a visual 3D experience, not incorporating physical movements such as flight simulators used in gaming or training purposes. (iii) Fully immersive VR immerses the users fully in the 3D world incorporating sensory, affective and haptics in the

Table 1.1. XR Technology Application in the Fashion Industry.

Clothing Requirement	Activity	Technology	Advantages
Trying on clothing for fit, size, appearance	Virtual try on animation	3D model generation, 3D rendering, AI fashion models	Replacing a traditional fitting room Detailing garment fit with movements
Personalising the tried on garments	Virtual try on personal avatar	3D avatar/animation	Replacing a traditional fitting room. Personalised 3D visual of the collection
Visualising garment and garment texture on website	3D garment visualisation	AR (augmented reality)	Enabling assessment of garment texture, actual colour appearance. Comfortable product visualisation
Brand story telling	Virtual environment	VR/AR powered campaigns; metaverse	Creation of brand experience, sensory, affective, intellectual behavioural
Store environment	Creation of retail brand experience	VR environment/AR environment	Creation of brand experience, sensory, affective, intellectual behavioural
Brand marketing	Brand marketing and branding	Metaverse channels	Creation of immersive experiences, entertainment, aesthetic, real escape, educational
Personalisation, customisation	AI and machine learning algorithms	Artificial intelligence, machine learning, computer vision, optical character recognition	Data aggregation, predictive analysis, multi data processing

experience (Zeng et al., 2023), even incorporating olfactory senses using technology such as Olorama (Company, 2024; Olorama, 2024) which incorporates olfactory devices such as digital scent synthesisers creating a fully immersive setting in movies, events and escape rooms (Jha et al., 2020; Lefebvre & Biswas, 2019).

Virtual Fashion Shows

Virtual fashion shows using AR and VR devices such as head-mounted displays provide consumers with higher utilitarian and hedonic values and greater immersion than the sense of presence in the physical world (Ricci et al., 2023). This technology allows consumers to experience runway fashion from any place or city globally, supported by communication infrastructure such as IoT and 5G technology along with the Metaverse, which is accessible from anywhere (Kim, 2023).

Brand Topshop pioneered going virtual with the world's first telepresence for London Fashion Week in 2014, inviting five competition winners to view their fashion show using an Oculus Rift HMD from their Oxford Circus flagship store (Natalie, 2014). Tommy Hilfiger adopted VR technologies on a large scale by filming its fashion show held in 2015 New York using a 3D camera, capturing 360 videos horizontally and vertically and later projecting them using Samsung gear VR headsets in selected stores (Anyanwu, 2015; Donatiello et al., 2018). VR enables cognitive presence, sensible immersion and aesthetic interaction through virtual fashion experience. Cognitive presence refers to consumers' psychological experience of being in a virtual place, perceiving the objects, location and experiences as real, generating a sense of vividness and interactivity (Parsons et al., 2020). Sensible immersion refers to users' perceptual, psychological awareness of using VR applications. It takes over their sensory organs and transports them to a stimulated domain, triggering a positive effect with audio-visual exposure and reducing stress and emotional arousal (Li et al., 2023). The hyper-realistic facial expressions of digital humans in VR induce interest and pleasure, and this satisfaction results in emotional immersion (Pavic et al., 2023). Fig. 1.1 shows a virtual fashion show using digital models to showcase a fashion collection.

Gamification in Fashion

Gamification or game design elements are progressively being used in the fashion industry using VR, AR and 3D visualisation, encouraging value-creating behaviours such as increased consumption, engagement, product advocacy and brand loyalty of young Generation Z consumers (Cedrola & Giovannetti, 2024). Customer's acceptance of gamification in fashion is a result of technological innovativeness (propensity to try new technology) and fashion innovativeness (propensity to make various fashion choices) (Hur et al., 2017). Self-determination theory, or SDT by Deci and Ryan, is a theory of human motivation that examines the human tendency to engage in certain behaviours resulting in their psychological well-being



Fig. 1.1. Virtual Fashion Show Using Digital Models. *Source:* Image courtesy (Riddhi & Siddhi, 2024).

(Deci & Ryan, 2008; Miller et al., 1988). Competence, autonomy and relatedness are three basic needs that motivate a person to initiate behaviour (Miller et al., 1988). For example, a VR fashion app game like Taobao Life or Roblox can daily challenge its users to win points and engage in clothing or accessory purchase behaviour, or the tie-up between Balenciaga and Fortnite creating outfits for Fortnite players enables consumers to engage in all three behaviours (Jill, 2021; Lau & Ki, 2021). Game dynamics engage consumers' sense of competitiveness by satisfying their intrinsic need to challenge, which is the feeling of engaging in a complex yet achievable task (Moller et al., 2024; Saxena et al., 2023). Gaming app customisation creates value by helping consumers fulfil their need for autonomy. Gaming fashion apps like the one created by The Gap offer a mobile app called 'Dressing Room' and a virtual fashion game, 'Animal Crossing', which allow consumers to customise their avatars and try on clothes virtually, giving them autonomy to personalise their gaming features (Kakade et al., 2024; Zagel, 2023). Social presence and relatedness have a significant relationship with each other, with 'Presence signalling' (social presence in a virtual world) enabling people to develop meaningful relationships with each other through fashion apps gratify consumers' need for relatedness by harbouring a sense of belonging, feeling connected and supported by others (Bilali & Papahristou, 2024; Koma, 2023).

Augmented Reality

AR enhances consumers' real-time shopping experience by overlaying digital objects and information on the physical world. The advancement of AR interactive technology presents consumers' bodies in real-time, addressing website limitations for full representation of body types (Jiang et al., 2022; Loureiro et al.,

2020). Consumers' shopping behaviour for high-involvement products like apparel, cosmetics and accessories where the consumer's self-concept is involved is justified using the self-congruence theory (Ericksen & Sirgy, 1992). Hence, consumers seek to enhance self-esteem by choosing products that meet their ideal self-image and are dependant highly on the actual representation of products as per body size, fit and final appearance (Aleem et al., 2024; Huang & Chung, 2024). Consumers' adoption of AR technologies is a result of The SOR (Stimulus organism response) mechanism, resulting in utilitarian and hedonism as user benefits resulting in telepresence or consumers' sensory arousal, control and immersion influencing purchase outcomes (Li et al., 2023; Mehrabian & Russell, 1976). The impact of AR extends beyond visual interaction, incorporating features like personalisation and customisation of products varying from the 'one size fits all' associated with everyday brick-and-mortar store shopping. The consumer's initial adoption of AR websites and smart apps uses the SOR (stimulus organism response) mechanism (Mehrabian & Russell, 1976), stipulating that AR features trigger users' benefit evaluation (utilitarian and hedonic benefits), ultimately facilitating telepresence (Nikhashemi et al., 2021). Telepresence is the consumers' psychological state of mind after interacting with the AR environment, resulting in cognitive and sensory arousal, control and immersion, resulting in positive purchase outcomes (Kim et al., 2021; Zhao et al., 2021).

Virtual catalogues are another example of AR in fashion, allowing shoppers to view catalogues from stores without entering a brick-and-mortar store (Simbott.com, 2024). When trying for a Gucci ring, customers try on various styles, and Gucci's AR ring try-on makes them find the perfect fitting and enables decision-making (Caroline, 2023). Gap has introduced an AR app that allows consumers to pick their clothing, select their preferred size and view how an article of clothing looks on them. FX Mirror is an AR fitting room solution that offers convenience to shoppers and customer data to retailers. Shoppers can try on clothes virtually without getting in and out of clothes. Retailers can gather crucial data about customers' preferences and shopping behaviour (FXGear, 2024). The new authentication system created by Ordre along with Louis Vuitton lets customers verify genuine products from fake by using just an AR app and a phone camera (Marc, 2023; Ordre, 2024). Fig. 1.2 shows innovative try-on technology enabling 3D try-on of optical glasses on the consumer using advanced AR technology.

Virtual Try-on in Fashion

The growing customer needs to procure mass-customised garments that meet their fit, size and body type standards, building the requirement for apparel customisation in retail. Virtual try-on (VTO) enables consumers to superimpose digital representations of products in natural, real-life environments using smartphones, tablets and AR-enabled devices. Virtual trying rooms, therefore, fulfil a functional requirement, enabling an emotional decision for the consumer to assess how the